



Nyack Boat Club

Champions of Champions Regatta 2019

Sailing Instructions

1. RULES

The Regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 (RRS), by the US Sailing Championship Conditions, Championship of Champions Conditions and by the US Sailing Regulations, Sections 2, 4, 10 and 15. 1.1.2.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the Race Committee Notice Board located at the south end of the NBC porch.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 2 hours prior to the warning time of the first race, or announced on the water by the race committee (RC).

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed from the flagpole at the RC slip.

4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the Race Signals AP.

5. SCHEDULE OF RACES

5.1. The schedule is published in the Notice of Race for the regatta.

5.2. The Warning Signal for the first race is scheduled for 1400 hours. Multiple races to follow. No warning signal will be made after 1700.

6. CLASS FLAGS

6.1. The class flag will be the Sonar Class Flag.

7. RACING AREA

The racing area will be the part of the Hudson River known as the Tappan Zee, south of Hook Mountain and north of the Tappan Zee Bridge.

8. COURSES

8.1. The course diagrams and identifying course letters are illustrated on the last page of these SI's.

8.2. No later than the warning signal, the signal boat will display the course and the approximate compass bearing to the first *mark*.

9. MARKS

9.1. *Marks* will be orange inflatable tetrahedrons.

9.2. New *Marks*, as provided for in paragraph 12, will be yellow inflatable cylinder's.

10. OBSTRUCTIONS

10.1. The NBC mooring area and the restricted construction zone are designated as *obstructions*. No boat shall sail within these *obstructions* while racing.

10.2. The mooring area is defined as the area within straight lines joining all outermost mooring buoys. The construction area is defined in the USCG Notice to Mariners. The boundaries are marked with large white round buoys.

11. THE START

11.1. The starting line will be between the hoist displaying an orange flag on the signal boat at the starboard end and the course side of the starting mark.

11.2. A boat starting later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 63.1, A4, and A5.

11.3. The Race Committee will attempt to hail the sail number(s) for OCS boat(s) after the starting signal. Failure to make a hail or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change a leg of the course, the race committee will lay a new *mark* (or move the finishing line) and remove the original *mark* as soon as practicable. When in a subsequent change a new *mark* is replaced, it will be replaced by an original mark.

13. THE FINISH

The finish line will be between the hoist displaying an orange flag on the signal boat and the course side of the finishing mark.

14. PENALTY SYSTEM

Appendix T Section A: Penalties While Racing, Section B: Post Race Penalties, Section D: Arbitration, and T3: Informing the Race Committee, will be in effect.

15. TIME LIMITS

15.1. The time limit for a race shall be 2 hours from its *starting* signal. If no boat in that fleet completes the race within the two-hour limit, the race shall be *abandoned*.

15.2. Any boat that has not finished within 1 hour of the first finisher shall be scored TLE without a hearing. This changes rules 35, 63.1, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1. Protest forms are available in the rack next to the RC locker. Protests and requests for redress shall be delivered to the race committee within the time limit.

16.2. The time limit for protests and requests for redress shall be 1 hour after the signal boat reaches her mooring or slip. This includes protests and requests for redress by the Race Committee. This changes RRS 62.2.

16.3. A boat intending to protest or request redress shall inform the RC per Appendix T3

17. SCORING

17.1. One race is required to be completed to constitute a regatta.

17.2. There will be no throw outs. A boat's score will be the total of her race scores.

18. SAFETY

18.1. All boats intending to race shall check in with the RC, before the first race, by sailing past the Signal Boat on starboard tack, hailing their sail number and receiving verbal confirmation from the RC. Any boat that has not checked in will receive a DNC. This changes RRS 63.1, A4 and A5.

18.2. A boat that retires from a race shall notify the RC as soon as possible by sailing by the signal boat or mark boats, or hailing the RC on VHF.

18.3. All boats are required to carry the following safety equipment: suitable anchor and rode, hand-bailer or pump, paddle or motor, whistle or horn and a Type IV

throwable floatation device. All boats must have a US Coast Guard approved PFD for every person on board.

19. RADIO COMMUNICATIONS

19.1. The RC and Race Patrol will communicate on VHF Channel 78.

19.2. Except In an emergency or retiring from a race, a boat shall neither make a radio or cell phone transmissions while racing nor receive communications not available to all boats.

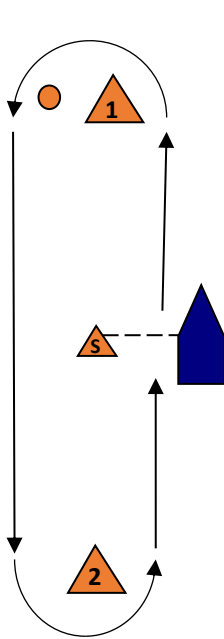
20. DISCLAIMER OF LIABILITY

Competitors participate entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

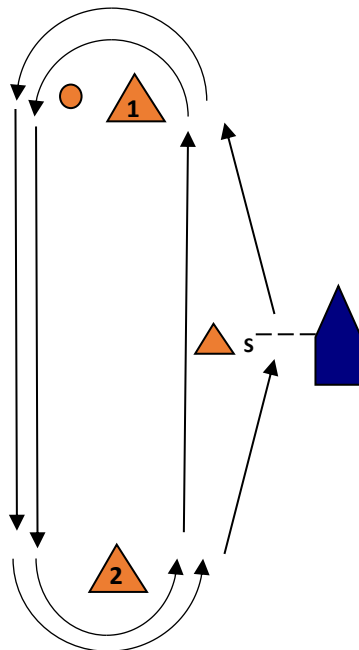
21. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance.

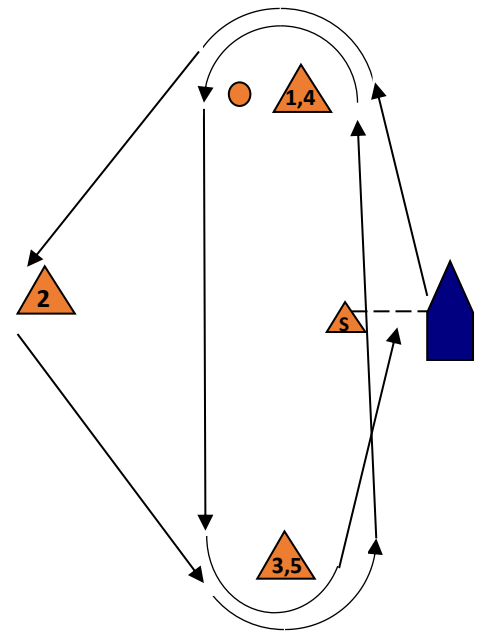
COURSES



Course L1



Course L2



Course F

All marks will be left to port.